

7TH GRADE VOLLEYBALL RULES AND PROCEDURES

Rules

1. There will be four teams: Varsity 1, consisting of no more than twelve girls. The three remaining teams will have the same number of players, grouped according to ability. At the beginning of the season no one squad can have more than one more player than any other squad. Schools with less than 48 players will divide into four equal teams with the Varsity 1 team having the largest number of players possible but not exceeding any one other team by more than one player.
2. On all non-varsity 1 teams with 18 or fewer players, all players must play one full game.
3. The service line will be advanced five (5) feet.
4. The Varsity 1 and Varsity 2 teams will play the schedule as listed with the Varsity 1 team playing first after the third match. The Junior Varsity teams will play the same schedule but at opposite location. The Junior Varsity 1 team will play before the Junior Varsity 2 team after the third match.
5. The home school will provide warm-up and game balls.
6. All team members will wear game jerseys.
7. A warm-up period of at least 10 minutes will be given at the start of all matches.
8. Federation rules will be followed with the following exceptions:
 - A. All teams will play three (3) games, regardless of wins and losses.
 - B. Teams may use "rotation substitution". This is the process of allowing all players an equal amount of playing time. All players are placed in a rotation and then one player rotates off the court and one from the bench rotates into that spot on the floor. Once a game has begun and this particular rotation has been established a team must continue this rotation until the game has been finished. Exception - injury to a player allows that player to be left out of the rotation.
9. Rally scoring will be used with the first team to 25 points being the game winner in the first two games. In the third game for varsity 1 the first team to 15 points will be the game winner. For all other teams the first team to 25 points will be the game winner.
10. Players may not play in more than one match per day.

8TH AND 9TH VOLLEYBALL RULES AND PROCEDURES

Rules

1. Varsity teams will play first in the second half of the league schedule.
2. Schools with 24 or more players are required to start the season with a minimum of 12 players on the varsity team.
3. After the third game of the season the varsity coach, in conjunction with the Athletic Director and junior varsity coach, will have the option to bring up an additional player or to continue with 10 or 11 players.
4. The home school will provide warm-up and game balls.
5. Federation rules will be followed with the following exceptions for junior varsity matches:
 - A. The junior varsity teams will play three (3) games to 25, regardless of wins and losses.
 - B. The junior varsity teams may use "rotation substitution". This is the process of allowing all players an equal amount of playing time. All players are placed in a rotation and then one player rotates off the court and one from the bench rotates into that spot on the floor. Once a game has begun and this particular rotation has been established a team must continue this rotation until the game has been finished. Exception - injury to a player allows that player to be left out of the rotation.
6. There will be a 13-minute warm up time between matches.
7. Rally scoring will be used with the first team to 25 points being the game winner in the first two games. In the varsity third game the first team to 15 points will be the game winner.
8. On Junior Varsity teams with 18 or fewer players, all players must play one full game.
9. Schools with less than 24 players will split into two teams of equal numbers. If the number is odd the varsity coach will make the determination of team size. Team size shall not exceed 1 player more or less than the junior varsity team. Varsity team size may be adjusted with the permission of the District Athletic Director.
10. Junior varsity teams may split into separate, but equal, teams if there are 24 or more players.
11. Players may not play in more than one match per day.

7th Grade Volleyball - 2011

Practice starts Friday, April 29th

This schedule is for the two varsity teams. The two junior varsity teams play the exact same schedule except at the opposite locations.

Varsity 2 team plays first match.

Wed. May 11th Riverglen @ South
 Hillside @ North
 West @ Fairmont
 East @ Les Bois

Fri. May 13th South @ Hillside
 North @ West
 Fairmont @ East
 LesBois @ Riverglen

Tues. May 17th East @ North
 Riverglen @ Fairmont
 Hillside @ LesBois
 West @ South

Varsity 1 team plays first match.

Thur. May 19th Hillside @ West
 Riverglen @ East
 North @ South
 Fairmont @ LesBois

Mon. May 23th LesBois @ North
 South @ Fairmont
 West @ Riverglen
 East @ Hillside

Wed. May 25th West @ East
 Hillside @ Riverglen
 LesBois @ South
 North @ Fairmont

Thur. May 26th South @ East
 Riverglen @ North
 Fairmont @ Hillside
 LesBois @ West

2010 8th Grade Volleyball Schedule

Wed. Sept. 1
South @ Hillside
North @ West
Fairmont @ East
Les Bois @ Riverglen

Fri. Sept. 24
Hillside @ South
West @ North
East @ Fairmont
Riverglen @ Les Bois

Fri. Sept. 3
East @ Les Bois
Riverglen @ Fairmont
Hillside @ North
West @ South

Wed. Sept. 29
Les Bois @ East
Fairmont @ Riverglen
North @ Hillside
South @ West

Fri. Sept. 10
Fairmont @ Les Bois
Riverglen @ East
South @ North
Hillside @ West

Fri. Oct. 1
Les Bois @ Fairmont
East @ Riverglen
North @ South
West @ Hillside

Mon. Sept. 13
North @ Fairmont
East @ South
West @ Riverglen
Les Bois @ Hillside

Mon. Oct. 4
Fairmont @ North
South @ East
Riverglen @ West
Hillside @ Les Bois

Wed. Sept. 15
Riverglen @ Hillside
East @ West
Fairmont @ South
Les Bois @ North

Wed. Oct. 6
Hillside @ Riverglen
West @ East
South @ Fairmont
North @ Les Bois

Fri. Sept. 17
Hillside @ Fairmont
West @ Les Bois
North @ East
South @ Riverglen

Wed. Oct. 13
Fairmont @ Hillside
Les Bois @ West
East @ North
Riverglen @ South

Wed. Sept. 22
East @ Hillside
Riverglen @ North
Les Bois @ South
Fairmont @ West

Fri. Oct. 15
Hillside @ East
North @ Riverglen
South @ Les Bois
West @ Fairmont

Mon. Aug. 16 - first day of practice

Mon. Oct. 18 – seeding meeting - @ DSC 6:45 am – (if necessary)

Wed. Oct. 20 - City Tournament @ Capital H.S.

Thur. Oct. 21 - City Tournament @ Capital H.S.

2010 9th Grade Volleyball Schedule

Wed. Sept. 1
Hillside @ South
West @ North
East @ Fairmont
Riverglen @ Les Bois

Fri. Sept. 24
South @ Hillside
North @ West
Fairmont @ East
Les Bois @ Riverglen

Fri. Sept. 3
Les Bois @ East
Fairmont @ Riverglen
North @ Hillside
South @ West

Wed. Sept. 29
East @ Les Bois
Riverglen @ Fairmont
Hillside @ North
West @ South

Fri. Sept. 10
Les Bois @ Fairmont
East @ Riverglen
North @ South
West @ Hillside

Fri. Oct. 1
Fairmont @ Les Bois
Riverglen @ East
South @ North
Hillside @ West

Mon. Sept. 13
Fairmont @ North
South @ East
Riverglen @ West
Hillside @ Les Bois

Mon. Oct. 4
North @ Fairmont
East @ South
West @ Riverglen
Les Bois @ Hillside

Wed. Sept. 15
Hillside @ Riverglen
West @ East
South @ Fairmont
North @ Les Bois

Wed. Oct. 6
Riverglen @ Hillside
East @ West
Fairmont @ South
Les Bois @ North

Fri. Sept. 17
Fairmont @ Hillside
Les Bois @ West
East @ North
Riverglen @ South

Wed. Oct. 13
Hillside @ Fairmont
West @ Les Bois
North @ East
South @ Riverglen

Wed. Sept. 22
Hillside @ East
North @ Riverglen
South @ Les Bois
West @ Fairmont

Fri. Oct. 15
East @ Hillside
Riverglen @ North
Les Bois @ South
Fairmont @ West

Fri. Aug. 13 - first day you can start practice

Mon. Oct. 18 - seeding meeting at DSC - 6:45 a.m. (if necessary)

Tues. Oct. 19 - City Tournament @ highest seeds

Wed. Oct. 20 - City Tournament @ Capital H.S.

Thur. Oct 21 - City Tournament @ Capital H.S.

9TH GRADE CITY VOLLEYBALL TOURNAMENT

- Tuesday, October 19** At 1st and 2nd seeds home site
3:30 p.m., 4:30 p.m., 5:30 p.m.
- Wednesday, October 20** Second round matches at Capital High School.
5:00 p.m., 6:30 p.m., 8:00 p.m.
- Thursday, October 21** Final rounds of tournament at Capital High School.
5:00 p.m., 6:30 p.m., 8:00 p.m.

8TH GRADE CITY VOLLEYBALL TOURNAMENT

- Wednesday, October 20** Second round matches at Capital High School.
- Thursday, October 21** Final rounds of tournament at Capital High School

NOTE: Seeding meeting on Friday, October 15, 2010, 6:45 in Board Room

Host: South

CITY VOLLEYBALL TOURNAMENT FORMAT

1. First round of the city volleyball tournament will be held at the 1st and 2nd seeds.
2. The entire 9th grade tournament will be a true double elimination.
3. The second and third evenings of the tournament will be played at a neutral high school TBD.
4. All teams will be given 13-minute period before each match.
5. All 8th grade Varsity volleyball teams will play in a single elimination tournament.
6. In the event of a tie, league standings will be determined by head-to-head competition, common opponent, from top down.