

## The Joint Insurance Committee

(A collaborative effort of the Boise District & the Boise Education Association)

September 28, 2009

Wellness is too important to leave to chance. After studying our own wellness efforts and learning from others, we know that many chronic diseases get started early in life. Disease prevention starts with adopting a healthy lifestyle.

The Joint Insurance Committee wants you to be aware there will be a wellness health insurance plan option available next school year. Participation in the upcoming (2009/2010) Health Screenings, including the Personal Wellness Profile, will be required to qualify for the wellness health insurance plan option for the 2010/2011 school year.

### What is decided:

- To receive the 2010/2011 wellness health insurance plan option health plan members will have to participate in the upcoming 2009/2010 Health Screenings with the Personal Wellness Profile, *or obtain and submit the equivalent information by April 30<sup>th</sup> 2010.*
- Participants in the 2010/2011 wellness health plan will have lower out-of-pocket costs, compared to those who do not participate in the wellness health plan.

### What is not yet decided:

- The specific lower out-of-pocket cost options
- Examples of possible options:
  - Choice of providers/physicians
  - Deductibles, co-pays, physician fees
  - Premium costs to the employee

### What to do in the meantime:

- Sign up for an upcoming Health Screening (lab tests and Personal Wellness Profile) this fall. It's convenient, provided at a discounted rate, and qualifies you for the health insurance plan with lower out-of-pocket costs for next school year.
- Stay informed by reading all Joint Insurance updates as we develop the health insurance options for next year.
- Look for the pamphlet with details on the upcoming screenings (from our wellness coordinator [isabel.snell@boiseschools.org](mailto:isabel.snell@boiseschools.org) or 854-4083).

### Questions? Contact us

The Joint Insurance Committee has worked since 1985 on health-related matters for the District community. We would like you to know who we are.

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Betty Hoogland, Principal, Liberty*	Brent Nye, Benefits Manager*	Blas Telleria, Co-Chair, Dir. H R
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