

2008-2009 WHITNEY PHYSICAL EDUCATION OVERVIEW

WEEK	DAYS	SKILL	THEME
8/25/2008	4.5	GYM MANAGEMENT	
9/2/2008	4	PLAYGROUND ACTIVITIES	
9/8/2008	4	PLAYGROUND ACTIVITIES	
9/15/2008	5	FITNESS TESTING	
9/22/2008	5	FITNESS TESTING	
9/29/2008	3	FITNESS TESTING	
10/6/2008	5	SOCCER	
10/13/2008	5	SOCCER	
10/20/2008	5	THROWING/RECEIVING	
10/27/2008	4.5	THROWING/RECEIVING	END QUARTER ONE
11/3/2008	3	BOWLING	
11/10/2008	5	BOWLING	
11/17/2008	5	HOLIDAY RELAYS	
11/24/2008	2.5	VOLLEYING	
12/1/2008	5	VOLLEYING	
12/8/2008	5	SCOOTER BOARD ACTIVITIES	
12/15/2008	4.5	CLASSROOM ACTIVITIES	
1/5/2009	5	BASKETBALL	
1/12/2009	4.5	BASKETBALL	END QUARTER TWO

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WEEK	DAYS	SKILL	THEME
1/19/2009	4	BALANCES	
1/26/2009	5	SHORT ROPE	
2/2/2009	5	LONG ROPE	
2/9/2009	4	JUMP ROPE STATIONS	
2/16/2009	4	FLOOR HOCKEY	
2/23/2009	5	FLOOR HOCKEY	
3/2/2009	4.5	INDOOR GAMES	
3/9/2009	5	RACKET SPORTS	
3/16/2009	4.5	RACKET SPORTS	END QUARTER THREE
3/30/2009	5	STATIONS	
4/6/2009	5	CHALLENGES	
4/13/2009	5	COOPERATIVE GAMES	
4/20/2009	5	FRISBEE	
4/27/2009	4.5	FITNESS TESTING	
5/4/2009	5	FITNESS TESTING	
5/11/2009	5	FITNESS TESTING	
5/18/2009	5	SOFTBALL / STRIKING	
5/25/2009	4	KICKBALL GAMES	
6/1/2009	3.5	FIELD GAMES	END QUARTER FOUR