

Alternative Health Screening Verification Form

If you have seen your own healthcare provider for an exam and labs (between May 1, 2017 and April 30, 2018), you may submit the following completed and signed form instead of participating in a District provided screening. This form is worth 75 WellSteps Rewards Points.

To be eligible for the 2018/2019 Wellness Medical Plan, the District plan member must earn a minimum of 275 WellSteps Reward points by April 30, 2018.

This side to be completed by Employee /Health Plan Member

Name _____
(Please print clearly)

Gender _____ Male _____ Female

DOB _____ / _____ / _____ E-Mail _____
month day year

Contact phone (____) _____

Please check the appropriate box:

- Employee - Employee ID# _____
- Retiree

x _____ Date _____
Signature of Employee/Plan member

Submit this completed form to WellSteps no later than April 30, 2018.
Plan members are asked to submit their own forms to WellSteps.

Submitting this form to WellSteps

- Use the WellSteps App from your smart phone or device (preferred)
- FAX (801) 590-6620
- Scan and e-mail to forms@wellsteps.com

This side to be completed by Healthcare Provider

**To receive credit ALL results must be filled in below.
Do not attach lab work.**

Biometric Screening	Result/Measure
Height (inches)	
Weight (lbs.)	
Blood Pressure	
Fasting Glucose	
Hemoglobin A1c	
Tobacco use	<input type="checkbox"/> No, or recently quit <input type="checkbox"/> Yes

The District Health Plan includes Health Coaching, Nutrition Counseling, and a disease management program free of charge to covered members who may need further support.

All information is collected by WellSteps, a confidential third party who meets and complies with HIPAA laws.

X _____ Date _____

Signature of Physician/Licensed Medical Provider

Print Name _____

*For information on the Wellness Plan and how to earn WellSteps Rewards Points and a \$90 Reward Gift Card
Please visit www.boiseschools.org for additional information on Employee Wellness.
Or contact the Employee Wellness Coordinator at wellness@boiseschools.org or (208) 854-4083.*