Additional Choices to Earn Points

The district supports your health in a variety of ways. Listed here are many ways to earn your additional points.

For more offerings and program details visit:
www.boiseschools.org/our_district/wellness_program

Points are automatically added to your WellSteps account.
To earn your points submit a completed Activity Form by sending a scan or photo to wellness@boiseschools.org

Those hired after Dec. 1st will automatically be enrolled in the 2021-22 Wellness Plan.

If it is unreasonably difficult or medically inadvisable for you to participate in this program, your physician may complete the exemption form and send the completed form to WellSteps. Forms can be found at:
http://www.boiseschools.org/our_district/wellness_program

(Not eligible for Gold level reward)
Medical Plan Detail Eligibility / Action

**Standard Medical Plan**
- $40 monthly payroll deduction
- Higher office visit co-pays ($40/$55 per visit)
- Higher out of pocket deductibles ($1,000)

This is your plan if you choose not to participate in the wellness program.

**Wellness Medical Plan**
- $40 monthly deduction waived
- Lower office visit co-pays ($20/$40 per visit)
- Lower out of pocket deductibles ($750)
- Need 275 points to be eligible

Actions Needed:
- Examples of activities you may choose to reach 275 points:
  - Online WellSteps Personal Health Assessment (PHA) (25pts)
  - Biometric Screening (75 pts)
  - Complete other wellness activity options (25-100 pts each)
  - Meet the Take Charge Health Targets or complete the Take Charge Program (100 pts)

Find Wellness and Standard Medical Plan summaries on the Boise Schools Employee Benefits webpage.

Wellness points must be earned by March 31, 2021.

The points you earn this year determine if you and your dependents are on the Standard or Wellness Medical plan in 2021-2022.

*See a full description of the Take Charge program at: [www.boiseschools.org/our_district/wellness_program](http://www.boiseschools.org/our_district/wellness_program)